

PRONE POSITION - TWISTER METHOD

INDICATION

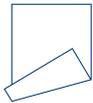
- Collapsed alveoli
- Severe mucus build-up
- Invasive ventilation does not provide the body with sufficient oxygen (O₂)
- Ear, chest, scrotum, knee and toe decubitus



First, place patient in bed without Twister. Place Twister next to patient with zipper facing the patient. Move Twister underneath patient using a rolling motion, ensuring the outside of the zipper is facing away from the patient (towards you).



Fold line



FIVE REBA RULES

- 1**
No force (do not forcefully push or pull on the patient).
- 2**
Always leave a hand's breadth of space.
- 3**
Fill all of the spaces where the patient's body does not make contact with the pillow.
- 4**
Smooth the area where the patient touches the pillow to relieve any air pressure.
- 5**
Provide opposite support to the patient in a lateral position.